

Tantra and Soul-Mating

What is it that you desire the most? Is your primary relationship all you thought it could be or want it to be? Have you ever had an experience with someone where time stops and you become one with everything? I have experienced that and want more of this incredible **bliss**. That has become my purpose – to bring soul-mating into consciousness.

It's hard to put into words. You have to feel it, live it, and breathe it to understand.

Everything in this world represents sexuality. You came from that very sexual act. Were you created in that moment with all encompassing love or just a physical release? All of creation or manifestation needs both the masculine and feminine energy. When sexual energy and loving energy are combined, the energy becomes stable and nourishing. The idea of soul-mating is intriguing. We are all familiar with the genital orgasm or lack of them. But the idea that we can have heart orgasms and soul orgasms are a mystery and not thought even possible.

In soul-mating you actually exchange energy with your partner. This experience is intimate and can lead to a feeling of union and oneness. When both partners experience the intense energy exchange of soul-mating, they are able to feel the orgasmic pleasure for many hours and feel deeply connected to their partners even when they are apart. Tantra and healing love teaches couples to circulate energy to each other beyond simple physical touch. They are able to feel this electrical connection even when they are not touching or are not together. When both partners are feeling highly orgasmic, their souls begin to emerge and can join together above their heads. Once joined beyond their physical bodies, they are able to maintain this union long after lovemaking.

I have had many experiences in my life. Having had several life altering challenges as a teenager and young adult, life brought me to see it as very sacred, especially in my sexuality and sexual life. I was married for many years and we created a family together. As my career developed and figuring out sexuality as part of my life's mission, I discovered over time that it is possible to change the ways society view sexuality into a very sacred and blissful lifestyle. I can have incredible connection with heart orgasms which leads into soul orgasms and soul-mating. It changed my perception of the world and that of sexuality and sensuality.

When this happens, the energy will allow you, your relationship with your partner, and your relationships with the world to deepen and grow spiritually. Your life begins to mature and you feel confident and peaceful. You feel the interconnectedness to all things and awe becomes your way of being. This is truly making love the Divine way.

This is the fourth article in the series. To learn more about Tantra, to find out about sessions, classes and events, or to purchase a copy of my book, *Sacred Sex, Sacred Life: 13 Secrets of Tantra*, or audio CD visit www.secretsoftantra.com or e-mail janetlee@secretsoftantra.com or call 780-633-6623.

Namaste Janet Lee