

As a teacher of Tantra since 2000, I have met many people seeking advanced training. Most are gung-ho to help others, rather than find the teaching for them. Janet Lee was not that type of student. Her desire for self healing and growth makes her stand out. If you are seeking the same, you have found a woman willing to gather and share such information with you.

I first met Janet Lee when she traveled to Hawaii to meet me, and learn advanced Tantric wisdom. She was clear she was being led on a path that felt like life calling, but had no idea why. She was confused why was embarking in such dangerous territory, and yet knew there was no where else to go. This is the way of many exploring Tantra. Is it about sex? Is it a religion? Or is it a Yoga? Tantra was leading her deep into the very questions many of us have,

Her journey is the work of the book you are holding.

She has a clear focus to get to, and share the core truth. She has always taken great steps to understand herself, knowing she could share this with others once it was time. She came to me as a seeker, but her true calling is a teacher... a teacher of Tantra.

There are many reasons to explore Tantra and the wisdom it offers. For most in the west, Tantra has been a collection of sex tips for the bedroom. The true gift in Tantra is that it's an artistic approach toward life. Sex is part of life, and when we allow the adventure to explore the mysteries of life, ALL parts of our world grow and benefit. Becoming a more aware, loving, skilled lover, it magically has a greater impact in life.

Love making is an art form in every way. If we want to have better sex, look at the effect of your lovemaking. How are you approaching your art? Every touch, every kiss, every word, every emotion is like a paintbrush stroke on your canvas. What are you painting? Intention and emotions are the colors. Actions and techniques are the details of the brush strokes. The experience and your lover are the canvas. Janet's book is about giving you a masterful approach toward knowing our body, mind and soul. These are the very gems needed to create such masterful artistic love.

The truth is, many people stick with a winning formula. They stay with techniques that have worked in the past. It's like an artist creating a masterpiece and making the same art over and over again, without any change. This will sell for a little while, but then it becomes less exciting to the viewer as time goes on. We have to work and practice and stay creative in our lovemaking. The approach towards sex should not be lazy, but rather inspired with passion and bliss. We should learn to create remarkable sexual encounters that represent the true skill we have and allow our lovemaking to showcase how much we put into our want to find more.

Today is the day to start treating life as the artist you are!

You are holding the first step in your journey to unfold your mastery, the art of knowing you, your body and how to share this life completely with others. Tantra is more than just bedroom tricks; and Janet Lee has painstakingly created this guide as a path that helps you reach into the very fabric of our existence and how to enjoy each day fully. Being a master lover

creates a love affair with life it's self. This is your birthright. Tantra as a system celebrates you in this way and supports your growth, discovery and liberation. Janet Lee's heart and dedication towards supporting empowerment, love and depth are the very reasons this book is published for you to read. This is a very exciting time, as ancient secrets are now in your hands. Enjoy!

Shawn Roop

Master Tantric Counselor, Daka and author of '*Pathways to Love: 28 Days to Self Love*'

www.TantraQuest.com